

*Cases are included here with the permission of the patient (or parent, in case of minors). All names and identifying information have been changed to preserve privacy and confidentiality.*

## **TREATMENT WITH HOMEOPATHY**

### **Case of recurrent post-nasal drip and blocked nose**

7 year old Adrian was brought by his mother for recurring sore throat, post-nasal drip and blocked nose which made him to sleep with his mouth open. He had been treated for about one year before coming to us, but had not been relieved of this tendency. Within 2 weeks of our treatment, all complaints were completely resolved. One more occurrence of the sore throat happened 2 months later when Adrian had a very cold drink. Just 3 days of homeopathic treatment resolved the problem.

About a month later, Adrian had a couple of painful pus-filled blisters under his tongue. Homeopathic treatment resolved this completely in a matter of days. As a nice bonus, a corn in his right heel that he had suffered for a long time (which was not told to us earlier), also disappeared.

10 months later, Adrian remains free of all these complaints.

### **Case of severe stomach pain and constipation**

Jemma, aged 38, came with severe stomach pain and constipation. She also complained of heaviness in the lower abdomen, belching, very dry mouth and throat, and increased thirst. Upon enquiry, she mentioned that her constipation started a few days after she completed a course of antibiotics. She was given only one dose of a homeopathic remedy. After a few hours, she had an intensification of the stomach pain for about ½ hour, after which the pain lessened. The next morning, she passed a large quantity of stools easily, and the stomach pain went away. A month later, she has not had any recurrence of the problem.

Jemma was amazed that just one dose of the homeopathic remedy could bring about such relief.

## **TREATMENT WITH FLOWER ESSENCES**

### **Impatience and irritability**

Anil, aged 48, wanted help for his usual impatience and irritability, which were causing him a lot of tension. He was treated with a combination of 2 flower essences. Within a

few days, an incident happened which tested his patience. His computer crashed and he was worried that he would lose a lot of work he had done. Instead of his usual irritated response, this time he dealt with the problem calmly, arranged for a computer technician to come over and sort out the problem. It took 2 days for the computer problem to be sorted out, but he remained calm, and tried to simply work out the best solution. Anil's family members were amazed at his calmness in this situation.

## **TREATMENT WITH BIOCHEMIC TISSUE SALTS**

### **Case of cold and running nose with slight fever**

Winnie, aged 4, came with cold, running nose, watery eyes, and nasal blockage, and slight fever only in the afternoons. She felt irritated by the blocked nose. The problems had started after a short holiday trip. She was treated with biochemic tissue salts which prevented the complaints from getting worse, and relieved her completely within a few days.